

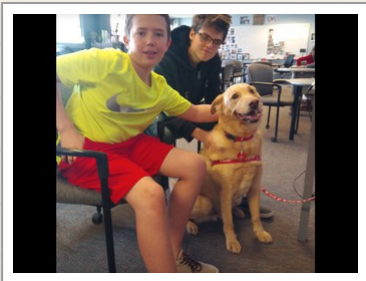
Boulder Universal MARCH

March 2020



March is Women's History Month

Throughout history, women have played an important role in evolving and advancing our society. Women's History Month is dedicated to highlighting the contributions that women have made. Take some time to read our Women's History Month themed newsletter and don't forget to appreciate all of the women in your life!



Therapy Dogs of Boulder County

Courtesy of "Therapy Dogs of Boulder County", BU is now receiving visits on Thursday afternoons for students to meet and pet. Featured in the picture is Hank but we get a different furry visitor each week. Its smiles all around when they come to visit.



BU Newsletter Student Staff

The BU Newsletter Staff each wrote a six-word memoir to introduce themselves.

Sullivan-I write things because I'm bored.

Bella-Spending my days trying to dance.

Sanyu-An artist trying to understand beauty.

Brooke-I like unicorns, kittens, and puppies.



Women in Hip Hop – By Bella Rose

Since the earliest days of the culture, women have been at the forefront in shaping hip hop. But as rap became the industry's most lucrative genre, the art form became well known for its fixation with wealth and the objectification of women. Though female achievements in hip hop are often overlooked, countless women have nonetheless found a powerful voice in an industry dominated by men.

Women are largely to thank for the rise of socially-conscious lyrical content in rap. Queen Latifa, one of the earliest female rappers, shattered barriers in hip hop by being the first artist to talk about black women's issues in her music. Songs like 'Ladies First' and 'UNITY' discuss things like domestic violence, street harassment and the need for women to support one another. MC Lyte, another solo female rapper, began to speak out on women's issues with the release of her first album in 1988. Such relatable, conscious content gained the rapper a

strong following of conscious women and men alike, and Lyte became the first female MC to be nominated for a Grammy.

Female contributions have shaped the other elements of hip hop as well. Many female DJs and graffiti writers are finally receiving the recognition they deserve, and standing toe to toe with the men who paved the way. Nearly all big breakdance competitions feature a bgirl battle, and it is no longer uncommon to see dancers both male and female on the same stage.

Hip hop culture still has far to go in terms of gender equality. Nonetheless, the industry is finally recognizing female artists' creativity and talent. "It destroys [hip-hop] culture to not have the perspective of a woman," says MC Lyte. It seems that after nearly 50 years, the culture is beginning to agree.

BU is BVSD's Only Online School: we offer virtual classes for K-12

Have a friend that might be interested?

Have them reach out to our registrar, Julie Robbins, at 720-561-5523 for information about the school and the enrollment process.

And feel free to share the video below!

<https://www.youtube.com/watch?v=sV7v0d4McK4&feature=youtu.be>





Staff Spotlight Josephine Amaya

Josephine Amaya; Resource Case Manager

What brought you to BU?

I have been with BU for two years and I suppose what brought me here was my curiosity and my need to take on new challenges. BU continues to be a great teaching and learning environment. I feel continuously challenged which is allowing me to become a more productive online educator.

Would you rather have more time or more money?

Time.

If you could solve one world problem, what would it be?

To end human trafficking.

What book made the biggest impact on you?

A Child Called It by Dave Pelzer. I was working in a juvenile detention center and a student recommended that book.

Sweet or spicy?

Spicy!

Name one thing on your bucket list.

Machu Picchu.

What book are you reading?

Hija De La Fortuna by Isabel Allende

What advice do you have for BU families?

Communication is key to being a successful online student. Always feel free to contact the BU staff with questions, concerns, and most importantly, celebrations.



Student Spotlight Evan M

My name is Evan, Grade 12

How long have you been at BU?

I've been at BU for 6 years

What are your three favorite things in the world?

My 3 favorite things are motorcycles, modern technology and nature.

If you had a talk show, who would you want to have as a guest?

If I had a talk show I'd want to interview Elon Musk

What is the best gift you've ever received?

The best gift I've received is my first motorcycle. It launched me to where I am today.

If you could visit any place in the world, where would you go?

If I could go anywhere I would go scuba dive in the great barrier reef

What do you look for in a friend?

In a friend, I look for honesty, loyalty, and an open mind.

If you had a free day, what would you do with it?

If I had a free day I'd probably lock myself in my room and finish the dual PC that I've been building.

What advice would you share with your BU classmates?

My advice to give is to make a schedule and STICK TO IT! It is incredibly easy to get lazy and slack off. That can only go wrong. I learned from experience.

Student Spotlight Joanna M

Joanna, 12th grade

How long have you been at BU? I have been at BU since the Spring semester of my freshman year.

What do you know so well that you can teach it? I could definitely teach the very important life skill of how to spoil your dog.

What person from history would you like to meet? There are too many! My top three would be George Harrison, Robin Williams, and Audrey Hepburn.

What is your favorite children's story? I don't have a favorite story, but my favorite book as a little kid was called "What Color Is Love?" by Joan Walsh Anglund. I remember finding it at my Grandparent's house and loving it so much, that they let me take it home with me and I still have it.

Hit the treadmill or hit the couch? Hit the couch.

Are you a talker or a listener? I am usually a listener. But if I have enough coffee, I am a talker.

Who do you admire most and why? I admire my Mom the most because she is just an amazing woman. She understands me, she's my best friend, she always knows how to make me laugh, and she is the strongest person that I'll ever know.

What advice would you share with your BU classmates? Trust that your teachers are always there for you, and keep a schedule! It will help you a lot with your classes, don't fall into the routine of the non-structure that online school holds.

Upcoming School Activities

BOULDER UNIVERSAL STUDENT GROUPS

CHECK WITH YOUR MENTOR ABOUT UPCOMING ACTIVITIES

Below is a list of Boulder Universal student opportunities. Please contact your mentor if you are interested in participating in any or all of the following groups.

julie.graff@bvsd.org or lisa.holmes@bvsd.org

SAFE ZONE: Safe and supportive group for LGBTQ+ students and allies. Join BU mentors and students to plan what we'd like this group to look like for the year. Or just stop by. We mostly just hang out and talk and eat food (or at least talk about eating food). Talk to your mentor if you have questions. Tuesdays 1 pm - 2 pm Zoom

MINDFULNESS GROUP: Weekly meeting to learn mindfulness techniques to reduce stress and anxiety, and ongoing work to improve relationships and build community.
Wednesdays at Boulder Universal from 1 pm - 2 pm Zoom

Book Club:

We eat tasty food. We drink yummy drinks. We talk about books. What could be better? Come join our group of BU book lovers as we discuss our books.

May 11 10-11 *Speak* by Laurie Halse Anderson

Where: Will be on Zoom

What will we do: We talk about the book and eat fun snacks.

Reach out to Ms. Martin at Patty.Martin@BVSD.org to join!

A Word About Deadlines

As you know, we have hard deadlines every week on Mondays at 8 am. Our strong suggestion is that students complete each week's work during the week that it is assigned so that it doesn't pile up just before the deadline.

At the beginning of each week, open up both folders that will be due.

Read through assignments you'll need to submit.

Plan your time accordingly, and if you're not sure how to do that, reach out to your mentor or your teachers - we're here to help.

Follow Us On Social Media!!!

Instagram: @boulderuniversal